## 23-24 SOCIAL EMOTIONAL SERIES

- See specific dates and topics below
- Use the QR Code or tinyurl to RSVP

For GT and Advanced Students and Families 5th-12th Grade

Zoom Link:

<u>https://tiny</u> <u>url.com/5yt</u> <u>8jub</u>b

Sessions from 5:00-6:15

**RSVP** by scanning the code and filling out the form or using the link below

**SCAN ME** 



**Oct** GT 101

This session will provide an overview of what Gifted is and is not and a presentation of resources around gifted characteristics and how to identify giftedness.

**Nov** Giftedness, Sexual Orientation, Gender Identity

We will explore how sexual orientation and gender, gender identity, and giftedness all intersect for many individuals. Small group conversations and resources will be included.

**Jan** Giftedness in Girls

The focus of this session will be highlighting gifted girls. We will be looking at both internal and external factors that may be struggles for them. Last, we will discuss options for supporting these learners.

**Feb** Conflict Resolution

We will discuss conflict resolution strategies that support our relatioships and mental health. A few key areas related to gifted students in particular that can support or challenge these resolutions will be shared.

**March** Adolescent Social Emotional Groups

An overview of social-emotional groups for adolescents and teens, influencing factors, strategies for success, and ideas will be shared during our time together.

April Perfectionism

The focus of this session will be to identify what perfectionism is and its traits. We will also discuss dysfunctional perfectionism and learn strategies to support learners who show perfectionism as a trait.

https://tinyurl.com/2zh76ern